

POWER PACE - A RETOMADA

5KM FEM

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	8	LETICIA LOPES BERNARDO	F	21	S	.		BOACHA	00:21:24	00:21:24
2	105	MARILELIA ROCHA EZEQUIEL	F	47	S	.		RUA ASSESSORIA	00:23:41	00:25:41
3	41	LUCIANA MEDINA GONCALVES	F	30	S	.		FENIX	00:23:45	00:24:34
4	102	JOANA DARC ROSA DE LIMA	F	43	S	.		PASSO A PASSO SPORTS	00:25:00	00:28:17
5	92	CAROLINE CRISTINA RODRIGUES FAGUNDES TRIGUEIRO	F	26	S	.		HOMEOSTASE HOME TRAINER	00:25:14	00:28:13
6	123	ORMIDELIA VIEIRA DE LAIA	F	32	S	.	.		00:25:15	00:28:33
7	94	ELZIRA DE AQUINO BATISTA CUNHA	F	50	S	.		LONGOS AOS DOMINGOS	00:26:15	00:28:03
8	40	EVANIA APARECIDA ALVES	F	42	S	.		FENIX	00:26:25	00:27:09
9	182	SUELEN CRISTINA COELHO LOURES	F	32	S	.	.		00:26:49	00:30:11
10	174	MARIA TACIANE DA SILVA	F	29	S	.	.		00:27:02	00:28:57
11	6	CELIA DE FATIMA GOMES DE REZENDE BITENCOURT	F	42	S	.		BOACHA	00:27:25	00:27:25
12	70	VANDA SATHLER DE CARVALHO CABRAL	F	57	S	.		AM ESPORTES	00:27:45	00:30:13
13	104	MARIA DA CONCEICAO SILVA AMARAL	F	52	S	.		RUA ASSESSORIA	00:27:49	00:29:25
14	38	ROSENILDA GOMES PEREIRA	F	42	S	.		BOACHA	00:28:01	00:28:49
15	78	LIDIA CAROLINA MIRANDA VALPICELI	F	38	S	.		GALO RUNNERS	00:28:12	00:29:20
16	117	SANDRA EVANGELISTA COSTA	F	48	S	.	.		00:28:50	00:32:28
17	74	BARBARA COSTA BORGES	F	21	S	.		BOACHA	00:28:56	00:31:03
18	128	ANA PAULA FERREIRA SOUZA	F	42	M0000	S	.	.	00:29:23	00:32:07
19	116	LYVIA KEVYLLE RODRIGUES SILVA	F	28	S	.	.		00:29:27	00:33:05
20	119	GERALDA IMACULADA FERNANDES GONCALVES	F	47	S	.	.		00:29:28	00:32:07
21	140	TAMARA METZKER	F	36	S	.		AM ESPORTES	00:29:47	00:33:22
22	122	GERALDA APARECIDA VIEIRA	F	53	S	.	.		00:29:50	00:33:23
23	157	FERNANDA SILVA OLIVEITA	F	35	S	.		HOMEOSTASE HOME TRAINER	00:29:50	00:32:35
24	106	RENATA MARTINS GOMES	F	26	S	.		RUA ASSESSORIA	00:30:02	00:31:46
25	164	CARLA BONICONTRO SILVA	F	49	S	.		SAUDE FITNESS	00:30:08	00:33:23
26	114	ISMARA CARLA BARBOSA	F	45	S	.	.		00:30:12	00:31:50
27	156	BIANCA EMILY GARCIA	F	24	S	.	.	HOMEOSTASE HOME TRAINER	00:30:16	00:33:01
28	169	PRISCILA CRISTINA ARRUDA	F	28	S	.	.		00:30:57	00:33:51
29	56	USLANDIA CRISTINA MOREIRA SILVA	F	38	S	.		STUDIO PERSONAL BIO SPORT	00:31:42	00:32:57
30	185	MARCIA PEREIRA DE MELO	F	38	S	.	.		00:31:44	00:35:37
31	73	MARIANA CALIXTO LOPES	F	13	S	.		BOACHA	00:32:00	00:34:49
32	165	GLAUCIA MORAIS ANDRADE	F	27	S	.		SONIC ASSESSORIA ESPORTIVA	00:32:02	00:35:12
33	44	LILIAN MENDES VIANA LACERDA REZENDE	F	41	S	.		HOMEOSTASE HOME TRAINER	00:32:13	00:33:08
34	168	FLAVIA DUARTE FERREIRA	F	42	S	.	.		00:32:44	00:36:03
35	170	ROSELI PEREIRA DE ASSIS	F	47	S	.	.		00:33:10	00:35:19
36	191	GRAZIELY ALCRA ANICIO	F	44	M0000	S	.	.	00:33:22	00:35:13
37	179	FRANCILENA ROSA DE SA BENICIO	F	50	S	.		MEDICARE UTIS MOVEIS	00:33:23	00:36:32
38	151	BIANCA MARTINS SOUZA	F	26	S	.		DK SUPERACAO	00:33:49	00:36:02
39	167	LETICIA ALMEIDA	F	43	S	.		WR CONSTRUTORA	00:33:54	00:37:15
40	166	VANDERLUCIA FERREIRA DOS SANTOS	F	49	S	.		SUPERACAO	00:34:26	00:37:55
41	153	WALDISLENE FREITAS DIAS DE MELO	F	44	S	.		GALO RUNNERS	00:34:43	00:38:30
42	186	MARTA GOMES FREITAS	F	52	S	.	.		00:34:43	00:38:30
43	141	THAMARYS PAULA	F	32	S	.	.	BIO SPORT	00:34:50	00:37:02
44	172	LUCIANA DE FREITAS ARMOND ITO	F	44	S	.	.		00:34:57	00:37:52
45	18	DANIELA TACIANA GOMES FERNANDES	F	43	S	.	.		00:35:22	00:35:35
46	150	JOSEFINA CRISTINA DE SOUZA	F	41	S	.		DK SUPERACAO	00:35:40	00:37:53
47	155	GINGRIANE ISABEL DE SOUSA	F	45	S	.		HELIO FERREIRA - CARATINGA	00:35:44	00:39:21
48	120	IDA MARIA XAVIER BICALHO BOTELHO	F	39	S	.	.		00:36:11	00:39:55
49	55	ALINE DE FREITAS NUNES	F	28	S	.		STUDIO BIO	00:37:05	00:38:20
50	176	LILIAN CARVALHO	F	39	S	.	.		00:37:10	00:40:19
51	161	IVONETE CARVALHO FERREIRA SOARES	F	58	S	.	.	PASSO A PASSO SPORTS	00:38:51	00:41:55
52	22	POLIANA MARQUES GOMES ALMEIDA	F	29	S	.	.		00:38:58	00:39:23
53	180	MARCIA HELENA HENRIQUE DUTRA DE AVELAR	F	43	S	.	.		00:39:47	00:43:15
54	139	NATALIA DE ALMEIDA RODRIGUES	F	24	S	.		AM ESPORTES	00:40:00	00:43:34
55	83	BARBARA LUCENA SOARES	F	21	S	.		GIGANET	00:40:32	00:42:08
56	80	PRISCILA APARECIDA OLIVEIRA	F	39	S	.		GALO RUNNERS / PES DE ACO	00:40:50	00:42:38
57	143	IVANILDA BARBARA CALIXTO	F	35	S	.		BOACHA	00:40:58	00:44:50
58	171	ARYANE BRANDAO BARBOSA	F	26	S	.	.		00:41:03	00:44:50
59	142	THAIS CRISTINA FERREIRA	F	35	S	.	.	BIO SPORT	00:41:33	00:43:51
60	178	HILVIA DE SOUZA ELIZARDO	F	37	S	.	.		00:41:38	00:44:08

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