

POWER PACE - A RETOMADA

5KM MASC

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	13	EDVALDO DE SOUZA GARCIA	M	35	S	.		FENIX	00:16:08	00:16:16
2	12	VINICIUS MARTINS DOS SANTOS SILVA	M	23	S	.		BOACHA	00:16:51	00:17:00
3	10	THIAGO FLAVIO FRADE MOTA	M	31	S	.		BOACHA	00:18:46	00:18:52
4	21	KLEISON TIAGO SILVA BARRETO	M	38	S	.			00:18:49	00:19:09
5	7	ELIAS ALVES ALMEIDA	M	32	S	.		BOACHA	00:18:58	00:19:02
6	5	GIL DOS SANTOS SILVA	M	44	S	.		BOACHA	00:19:00	00:19:05
7	1	HELDER CALDAS FERREIRA	M	36	S	.		AM ESPORTES	00:19:39	00:19:39
8	3	ALEX HERDY DA SILVA	M	42	S	.		AM ESPORTES	00:19:49	00:19:49
9	15	HELIO FERREIRA TIMOTEO	M	36	S	.		HELIO FERREIRA - CARATINGA	00:20:03	00:20:19
10	48	AUGUSTO CEZAR GONCALVES MACIEL SOARES	M	22	S	.		HOTWOWHEELS	00:20:18	00:21:02
11	47	SANNCLEY AUGUSTO RUFINO	M	28	S	.		HOMEOSTASE HOME TRAINER	00:20:34	00:21:34
12	53	RONAN FERNANDES CASTRO	M	43	S	.		RUA ASSESSORIA	00:20:42	00:21:52
13	9	LUIS FILIPE RODRIGUES BRUM	M	20	S	.		BOACHA	00:20:46	00:20:51
14	64	JAQUISIONE RODRIGUES DOS SANTOS	M	29	S	.		14 BPM	00:20:58	00:23:24
15	35	JULIO C. DE CASTRO	M	55	S	.		AM ESPORTES	00:21:48	00:22:29
16	33	VIRGILIO FREITAS COSTA	M	37	S	.		AM ESPORTES	00:21:52	00:22:31
17	16	ELIAS DUTRA DIAS JUNIOR	M	34	S	.		IC ESPORTE E SAUDE / SAUDE E CIA	00:21:57	00:22:11
18	28	CLEBER NASCIMENTO	M	38	S	.		ALIAR	00:21:58	00:22:22
19	32	EDUARDO TORRES RIBEIRO	M	48	S	.		AM ESPORTES	00:21:59	00:22:30
20	52	VINICIUS DE OLIVEIRA SOARES	M	37	S	.		RUA ASSESSORIA	00:22:14	00:23:14
21	36	ROBERTO ARAUJO MACEDO	M	43	S	.		AM ESPORTES	00:22:18	00:22:53
22	34	WILLIAN ROCHA JUNIOR	M	35	S	.		AM ESPORTES	00:22:23	00:22:50
23	29	RAFAEL PINTO PRETTI ASSEF	M	39	S	.		AM ESPORTES	00:22:31	00:23:01
24	2	ODILON FELIX DOS SANTOS FILHO	M	38	S	.		AM ESPORTES	00:22:33	00:22:33
25	57	TOMAZ FELISBERTO DE BEM	M	25	S	.			00:22:42	00:24:15
26	51	ROBERT CAMPOS ALVES	M	30	S	.		ROBERT CAMPOS ESPECIALISTA EM TAF	00:22:49	00:23:34
27	31	JEAN PAULO DE ABREU PEREIRA	M	39	S	.		AM ESPORTES	00:22:51	00:23:19
28	95	FELIPE DE SA BENICIO	M	16	S	.		MEDICARE UTIS MOVEIS	00:22:51	00:24:31
29	63	ANTONIO MARCOS DA SILVA	M	45	S	.		14 BPM	00:23:14	00:25:18
30	54	ROBERTO LUIZ DA SILVA	M	56	S	.		SAUDE FITNESS	00:23:31	00:24:37
31	85	IURY HENRIQUE REIS	M	23	S	.		GIGANET	00:23:46	00:25:04
32	125	MARIO HENRIQUE GOMES FREITAS	M	29	S	.			00:23:49	00:27:40
33	30	HENRIQUE MIRANDA CARNEIRO	M	42	S	.		AM ESPORTES	00:23:58	00:24:27
34	19	BRUNO KESLEY GOMES	M	35	S	.			00:24:04	00:24:24
35	37	LUCAS MATOS	M	19	S	.		AM ESPORTES / NUACAI	00:24:05	00:24:40
36	17	MARCIO ALMEIDA	M	33	S	.		MARCIO ALMEIDA	00:24:06	00:27:00
37	43	FRANCISLEY DA COSTA BHERING	M	37	S	.		GALO RUNNERS / PES DE ACO	00:24:14	00:25:04
38	126	PABLO SILVA ZANONE	M	34	S	.		AM ESPORTES	00:24:19	00:26:54
39	14	GLEISON DOS REIS	M	30	S	.		FENIX	00:24:22	00:24:35
40	101	MAURO CALISTO VIEIRA	M	58	S	.		PASSO A PASSO SPORTS	00:24:38	00:26:34
41	46	FREDERICO FERREIRA RODRIGUES BATISTA	M	34	S	.		HOMEOSTASE HOME TRAINER	00:24:42	00:25:38
42	93	ANDRE FIGUEIREDO COSTA	M	24	S	.		HOTWOWHEELS	00:24:57	00:27:01
43	100	GERALDO MAJELA DE SA	M	56	S	.		PASSO A PASSO SPORTS	00:24:58	00:26:36
44	61	VAGNER LACERDA	M	30	S	.			00:25:25	00:26:29
45	88	YURI PIMENTA LANA	M	28	S	.		HOMEOSTASE HOME TRAINER	00:25:27	00:28:30
46	62	DENEVALTER RODRIGUES VELOSO	M	55	S	.			00:25:35	00:26:31
47	45	KLISMAN ANTONIO SOARES DE AGUIAR	M	29	S	.		HOMEOSTASE HOME TRAINER	00:26:09	00:27:04
48	154	LUAN DIMAS DE MELO	M	29	S	.		GALO RUNNERS	00:26:33	00:29:01
49	127	BERNARDO BRUNES SOARES SILVA	M	32	S	.			00:26:37	00:28:23
50	138	MARCOS IWAO ITO	M	48	S	.		AM ESPORTES	00:26:44	00:30:39
51	97	EVERTON CARLOS ARAUJO	M	38	S	.		MEDICARE UTIS MOVEIS	00:26:53	00:28:12
52	108	WANTUIR ARAUJO SOUZA	M	50	S	.		SUPERACAO	00:26:54	00:28:49
53	87	JOSE CARLOS DE ALVARENGA	M	57	S	.		GUERREIROS NOTURNOS	00:27:47	00:29:51
54	59	RENATO HENRIQUE COSTA	M	38	S	.			00:27:47	00:28:59
55	76	MARCIO ANTONIO DE CARVALHO	M	48	S	.		BOMBEIROS MILITAR	00:27:48	00:29:16
56	110	ANDRE DE SOUZA	M	37	S	.		WR CONSTRUTORA	00:28:10	00:30:49
57	91	JUNIOR VIANA	M	36	S	.		HOMEOSTASE HOME TRAINER	00:28:17	00:31:03
58	187	ROGER JOSE SILVEIRA	M	53	S	.			00:28:28	00:31:38
59	86	GILBERTO ANTUNES AVELINO	M	51	S	.		GUERREIROS NOTURNOS	00:28:41	00:30:45
60	107	LUCAS ERNESTO FERREIRA DELFINO	M	35	S	.		RUA ASSESSORIA	00:28:42	00:30:26
61	113	REGINALDO FARIA BONFIM	M	42	S	.			00:28:43	00:31:01
62	90	RODRIGO FILIPE BARCELLOS SILVA	M	28	S	.		HOMEOSTASE HOME TRAINER	00:28:51	00:31:51
63	82	ALEXSANDER MAGNO CARVALHO FARIAS	M	23	S	.		GIGANET	00:29:33	00:31:04
64	71	JOSE ANTONIO SOARES AKERMAN	M	52	S	.		AM ESPORTES	00:30:04	00:32:21
65	58	JASON MANAURY BASTOS	M	22	S	.			00:31:00	00:34:26
66	50	HUGO LEONARDO DINIZ DIAS	M	39	S	.		PINTOU NOVIDADES	00:31:06	00:32:25
67	103	ROMULO ALVES MOREIRA	M	35	S	.		ROMIMMTB	00:31:17	00:33:17
68	162	PATRICK NUNES BUSTAMANTE	M	33	S	.		PATRICK BUSTAMANTE PERSONAL	00:31:47	00:35:37
69	184	JOSE AFONSO LACERDA	M	63	S	.			00:33:16	00:36:05
70	79	JOAQUIM FELICIO JUNIOR	M	56	S	.		GALO RUNNERS	00:33:41	00:34:50
71	175	GERALDO AMERICO FILHO	M	67	S	.			00:34:39	00:37:38
72	81	ALISON BRENO FRAGA SOARES	M	25	S	.		GIGANET	00:34:58	00:36:33
73	124	MARCUS VINICIUS COSTA BORGES	M	19	S	.			00:35:04	00:37:10
74	84	ERNANE MIRANDA LANA	M	26	S	.		GIGANET	00:35:05	00:36:34

75	149	MAX WILLIAN THOMAZ	M	32	S .	DK SUPERACAO	00:35:43	00:38:06
76	148	DENIS KENER TOMAZ DE SOUZA	M	36	S .	DK SUPERACAO	00:35:46	00:38:08
77	121	ERBINO BOTELHO DOS SANTOS	M	43	S . .		00:35:48	00:39:30
78	20	GEIZIMAR ANICIO RODRIGUES DE MORAIS	M	33	S . .		00:37:44	00:37:44
79	159	TIAGO BORGES QUINTAO	M	35	S .	INTER TV	00:38:21	00:42:26
80	137	BRUNO OLIVEIRA	M	30	S .	ALIAR	00:39:20	00:43:18
81	118	LUIZ BATISTA JUNIOR	M	49	S . .		00:41:03	00:44:50
82	39	ALLEX EURIPEDES DA COSTA	M	28	S .	CHALERA RUNNING	00:41:19	00:41:59
83	152	BRENO DE CASTRO GOMES	M	34	S .	DRINK SHOW / GALO RUNNERS	00:46:18	00:48:44