

# Power Pace - Viva o Desafio Aliar

## CORRIDA 7KM FEM

Coloc.	Num.	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Liquido	Bruto
1	204	IVANILDA BARBARA CALIXTO	F	36	F3544	-	PR	COLCHOES POLAR	00:29:44	00:30:55
2	231	CLAUDIANE COELHO DE SALES	F	39	F3544	-	PR	CAFE TRES CORACOES	00:30:05	00:32:20
3	252	MARIA ELIANE DE ALMEIDA	F	41	F3544	-	PR	BOACHA	00:30:43	00:32:51
4	125	KAROLAINY CHAVES LIMA	F	24	F0034	1	.	FAMILIA FIT	00:31:54	00:32:04
5	202	LUCIANA DE LIMA ROQUE	F	36	F3544	1	.	RUA ASSESSORIA	00:31:58	00:33:20
6	119	LETICIA LOPES BERNARDO	F	22	F0034	2	.	BOACHA\CARATINGA	00:32:25	00:32:39
7	330	MARLI GONCALVES CALARIS FIDELIS	F	57	F5599	1	.	BOACHA	00:32:49	00:35:42
8	190	THAIS CRISTINE	F	34	F0034	3	.	RUA ASSESSORIA	00:33:00	00:34:43
9	295	LAUDICEIA DE SA	F	45	F4554	1	.	IC ESPORTE E SAUDE	00:33:23	00:36:28
10	102	ANA FLAVIA GOMES TEIXEIRA	F	15	F0034	4	.	GAVIAO	00:33:28	00:33:33
11	168	LUCIANA MEDINA GONCALVES	F	31	F0034	5	.	FENIX	00:33:35	00:35:05
12	232	CRISTIANY DO NASCIMENTO DORNELAS	F	39	F3544	2	.	HELIO FERREIRA	00:33:59	00:36:13
13	209	SUERIA VALENTIM DA SILVA	F	36	F3544	3	.		00:34:07	00:35:14
14	255	THAIS SILVEIRA COUTINHO	F	41	F3544	4	.	AM ESPORTES	00:35:01	00:37:05
15	272	CELIA DE FATIMA GOMES	F	43	F3544	5	.	BOACHA\CARATINGA	00:35:39	00:37:54
16	172	GLICIANA VIEIRA	F	31	F0034	6	.	AM ESPORTES	00:35:44	00:36:55
17	181	ANDREIA ROSA DOS SANTOS ARRUDA	F	33	F0034	7	.	SONIC	00:35:44	00:36:53
18	112	ANA JULIA GOMES LOPES	F	20	F0034	8	.	SMS RUNNING	00:35:45	00:36:03
19	128	ANNA CLAUDIA DE CAMPOS VENANCIO	F	24	F0034	9	.	BODY SPORT	00:35:45	00:36:45
20	159	TATIANA SANTOS ANDRADE	F	30	F0034	10	.		00:35:51	00:36:09
21	194	ELVIRA DE LOURDES TEMPONI	F	35	F3544	6	.	AM ESPORTES / COLCHOES POLAR	00:36:02	00:37:41
22	292	DANIELY RODRIGUES COSTA PORTO	F	45	F4554	2	.	BODY SPORT	00:36:09	00:39:15
23	240	REGIANE LAGARES	F	40	F3544	7	.	SUPERACAO	00:36:35	00:38:31
24	127	CAROLINA A ALVES	F	24	F0034	11	.	AM ESPORTES	00:36:35	00:36:45
25	221	ANA PAULA LIMA DIAS	F	38	F3544	8	.	FOX TURISMO	00:36:52	00:38:53
26	183	FERNANDA VIEIRA SANTOS SA FORTES	F	33	F0034	12	.		00:37:02	00:38:11
27	282	FERNANDA GUZZO	F	40	F3544	9	.		00:37:05	00:40:11
28	152	ESTER CAMPOS COELHO SILVA	F	29	F0034	13	.		00:37:06	00:37:16
29	196	NILCELIA DE OLIVEIRA RODRIGUES	F	35	F3544	10	.		00:37:06	00:38:16
30	303	JOELMA LOPES PESSOA	F	47	F4554	3	.	AMAVA	00:37:06	00:39:51
31	161	MARIA TACIANE DA SILVA	F	30	F0034	14	.	SUPERACAO	00:37:25	00:38:32
32	122	BARBARA COSTA BORGES	F	22	F0034	15	.	BOACHA	00:37:42	00:38:19
33	197	CAROLINA FLAMINI	F	35	F3544	11	.	AM ESPORTES	00:37:47	00:39:02
34	289	NICE SAMPAIO CAPELLA	F	45	F4554	4	.	BODY SPORT	00:37:55	00:41:01
35	300	FERNANDA BORGES GUILHERME DE CARVALHO	F	46	F4554	5	.	BODY SPORT	00:37:56	00:41:02
36	258	CUSTODIA MARGARIDA DE SOUZA	F	42	F3544	12	.		00:38:10	00:40:47
37	193	MARLICE DA SILVA DO BEM	F	35	F3544	13	.		00:38:22	00:39:47
38	356	GRAZIELE SILVA ROCHA	F	43	F3544	14	.	RUA ASSESSORIA	00:38:38	00:41:35
39	354	CRISTINA BARBOSA SILVA VILELA	F	43	F3544	15	.	RUA ASSESSORIA	00:39:14	00:42:13
40	301	CLEUZIMAR FERNANDES BRITIS	F	47	F4554	6	.		00:39:16	00:42:10
41	312	SANDRA EVANGELISTA COSTA	F	49	F4554	7	.	IC ESPORTE E SAUDE	00:39:20	00:42:24
42	179	LUDMILA LOUZADA	F	33	F0034	16	.	AM ESPORTES	00:39:25	00:40:34
43	116	SELMA MARTINS DE OLIVEIRA	F	56	F5599	2	.	BOACHA	00:39:31	00:41:38
44	275	ROSENILDA GOMES PEREIRA SILVA	F	43	F3544	16	.	BOACHA	00:39:32	00:41:39
45	335	VANDA SATHLER	F	58	F5599	3	.	AM ESPORTES	00:39:35	00:42:47
46	273	CLAUDIA MARIA DOS SANTOS DINIZ	F	43	F3544	17	.	BODY SPORT	00:40:10	00:42:30
47	348	GIZELE CONSTANCIO RODRIGUES DIAS	F	40	F3544	18	.		00:40:10	00:43:04
48	296	DENICE FERNANDES BARBOSA	F	45	F4554	8	.	DD TREINAMENTO	00:40:24	00:43:34
49	242	MARINA GISELLE CARVALHAES COSTA MELO	F	40	F3544	19	.		00:40:46	00:43:09
50	269	ELISANGELA LOBAO PEREIRA	F	43	F3544	20	.	RUA ASSESSORIA	00:40:52	00:43:29
51	251	LANIA PEDRO DA SILVA	F	41	F3544	21	.	BIO SPORT	00:41:11	00:44:21
52	164	MICHELE TEIXEIRA TINOCO	F	30	F0034	17	.	FACULDADE UNICA	00:41:20	00:42:52
53	150	LARISSA CRISTINA BALBINO GOMES	F	28	F0034	18	.	SONIC	00:41:43	00:45:04
54	326	SANDRA HELENA SILVA	F	53	F4554	9	.	RUA ASSESSORIA	00:41:45	00:44:40
55	306	ADELIA ROSARIA DE OLIVEIRA TEIXEIRA	F	47	F4554	10	.	RUA ASSESSORIA	00:41:51	00:44:46
56	297	ANA GABRIELA PIMENTA CRUZ MAZARAK	F	45	F4554	11	.	ROCKSPORT	00:42:11	00:45:09
57	138	MARIANA KELLY FERNANDES ROSA	F	26	F0034	19	.	SONIC	00:42:37	00:45:58
58	224	FRANCIELLE REIS	F	38	F3544	22	.		00:42:39	00:44:39
59	278	TATIANA DEAN SILVA MARCAL	F	44	F3544	23	.	BODY SPORT	00:42:40	00:45:16
60	325	ANGELICA SILVA CARVALHO	F	53	F4554	12	.	DD TREINAMENTO	00:42:40	00:45:50
61	259	ANA MARIA SOARES SILVEIRA CAMPOS	F	42	F3544	24	.	RENNAN QUINTINO ASSESSORIA ESPORTIVA	00:42:56	00:56:22
62	216	JAQUELINY RODRIGUES DE SOUZA	F	23	F0034	20	.	BODY SPORT	00:43:06	00:44:57
63	162	BRUNA KAROLINE GUSS	F	30	F0034	21	.		00:43:11	00:44:29
64	218	RAIANE ELIZA DE ANDRADE ARRUDA	F	32	F0034	22	.	AM ESPORTES	00:43:17	00:44:24
65	355	ANA PAULA FERREIRA SOUSA	F	43	F3544	25	.	ENG COM	00:43:20	00:46:33
66	214	CAMILA MIRANDA SEBA	F	37	F3544	26	.		00:43:28	00:44:39
67	265	PATRICIA VASCONCELLOS DE MORAIS BELTRAO	F	43	F3544	27	.		00:43:44	00:46:08
68	290	TATIANA AKEMI ALVES KINJO	F	45	F4554	13	.	H1	00:43:50	00:47:01
69	262	DIANA CRISTIAN SILVA COUTO	F	42	F3544	28	.	DD TREINAMENTO	00:44:01	00:46:28
70	237	ROGERIO ALVES DE MOURA	F	40	F3544	29	.	AM ESPORTES	00:44:06	00:46:45
71	238	ANDREIA ALVES DA SILVA FRANCO	F	40	F3544	30	.		00:44:10	00:46:19
72	342	PAULA HELEN SIMOES ARAUJO	F	26	F0034	23	.		00:44:11	00:47:23
73	317	CARLA CRISTINA OLIVEIRA BONICONTRO SILVA	F	50	F4554	14	.	SAUDE FITNESS	00:44:31	00:47:17

74	115	MARCELLY TEIXEIRA TINOCO	F	21	F0034	24	LIONS TRAINING	00:44:36	00:45:15
75	308	KARINA SOUZA MAGALHAES	F	48	F4554	15		00:44:36	00:47:50
76	180	RAFAELA SILVA BRAVIM	F	33	F0034	25	RUNFUN	00:45:01	00:46:17
77	114	ISABELLA DE PAULA MARQUES E SILVA	F	21	F0034	26		00:45:13	00:45:49
78	321	MARIA IMACULADA DE OLIVEIRA E ALMEIDA	F	52	F4554	16	VERDE	00:45:16	00:48:11
79	227	MICHELLI GONCALVES ROSA DE SENA	F	39	F3544	31	DD TREINAMENTO	00:45:17	00:47:44
80	147	RENATA MARTINS GOMES	F	27	F0034	27	RUA ASSESSORIA	00:45:33	00:46:17
81	178	THAIS GABRIELLE RAMOS SILVA SANTOS	F	33	F0034	28	BIO SPORT	00:46:07	00:47:49
82	219	ELIANE DE LANA	F	17	F0034	29	BODY SPORT	00:46:07	00:48:04
83	349	POLIEENNE DRUMOND NEVES	F	34	F0034	30	CRUZ DA MATA CAFE	00:46:09	00:48:02
84	261	ANELISE DE OLIVEIRA E RESENDE	F	42	F3544	32	SONIC	00:46:12	00:48:38
85	276	PATRICIA SILVEIRA DE OLIVEIRA PORTO	F	44	F3544	33	BODY SPORT	00:46:18	00:48:41
86	337	GERALDA MARIA GOMES RODRIGUES	F	64	F5599	4	BODYSPOORT / PREFEITURA DE CARATINGA	00:46:18	00:49:23
87	210	NATALIA LIMA RANGEL	F	36	F3544	34		00:46:20	00:48:07
88	241	MARCELLA SENA FARIAS LEITE	F	40	F3544	35	DD TREINAMENTO	00:46:49	00:49:15
89	307	CLAUDETE GONCALVES OLIVEIRA	F	47	F4554	17	SUPERACAO	00:47:53	00:51:07
90	151	GESSICA FONSECA JAVARINI	F	28	F0034	31	ALIAR	00:48:19	00:49:23
91	270	VELAINE BEDIN JORGE DAMASCENO	F	43	F3544	36	BODY SPORT	00:48:28	00:50:51
92	213	VALERIA CRISTINA VALENTIM	F	37	F3544	37	AM ESPORTES	00:48:29	00:49:55
93	220	GABRIELLE FALCAO	F	34	F0034	32	GORDINHAS CHARMOSAS	00:50:04	00:51:54
94	195	MARESSA LIVIA DA COSTA	F	35	F3544	38		00:50:07	00:51:54
95	320	OZANE FERREIRA DA SILVA	F	51	F4554	18		00:50:08	00:53:19
96	217	MARIA ALICE DA S G COSTA	F	29	F0034	33	BODY SPORT	00:50:14	00:52:14
97	277	JULIANA VIANA DE MELO MUNIZ	F	44	F3544	39		00:51:17	00:54:32
98	311	MARIA APARECIDA SILVA	F	49	F4554	19	WR CONSTRUTORA	00:51:22	00:54:11
99	288	WALDISLENE FREITAS DIAS DE MELO	F	45	F4554	20	GALO RUNNERS	00:52:12	00:55:06
100	281	GLAUCIA VIDAL	F	38	F3544	40	BODY SPORT	00:52:23	00:55:22
101	299	ADRIANA EDUIGES SANTANA	F	46	F4554	21		00:53:42	00:56:27
102	215	MARCELA PESSOA FREITAS	F	38	F3544	41		00:53:52	00:54:58
103	304	NEULAINIE VIEIRA AGUIAR	F	47	F4554	22	BIO SPORT	00:55:33	00:58:43
104	268	CINTIA SILVA DE OLIVEIRA FARIA	F	43	F3544	42	EU SOU CORREDORA	00:55:44	00:58:22
105	234	ELIZABETH DE LOURDES DOS SANTOS BARBOSA	F	40	F3544	43	BODY SPORT	00:56:02	00:58:22
106	156	IZA BARBARA MENDES	F	29	F0034	34	GIGANET	00:56:31	00:57:26
107	143	VICTORIA LOUISE NASCIMENTO BARRETO	F	27	F0034	35	WR CONSTRUTORA	00:57:53	00:58:41
108	140	GLAYRIANH LINO ASSUNCAO	F	26	F0034	36	WR CONSTRUTORA	00:58:11	00:58:41
109	171	ANNA LUIZA DE OLIVEIRA SILVA	F	31	F0034	37	BODY SPORT	00:58:13	01:00:00
110	157	JESSICA DE SOUZA ANDRADE	F	29	F0034	38	WR CONSTRUTORA	00:58:50	01:02:05
111	327	ADRIANA BETHSAIDA MARQUES MARTINS	F	54	F4554	23	ROCKSPORT	00:59:55	01:02:56
112	239	FERNANDA MERCIA DA CONSOLACAO RESENDE	F	40	F3544	44	RUA ASSESSORIA	01:03:19	01:06:22
113	279	LETICIA ALMEIDA	F	44	F3544	45	WR CONSTRUTORA	01:10:42	01:13:53
114	136	JOICE SOUZA SANTOS DA CRUZ	F	26	F0034	39	WR CONSTRUTORA	01:13:05	01:13:54